EXERCISE 2

3 4 Repeats once/Modulates 9 times



GOALS:

8 measures of "mah mo mee may," then 8 measures of "nah no nee nay," then 8 measures of staccato "hah ho hee hay." Alternate in this order until finished.

Facial resonance: How much sympathetic vibration can you create in your face with the letters "M" (Mah) and "N" (Nah)? Can you extend the vibration all the way to your ears?

Diaphragmatic awareness: Keep **all** notes of the "hah ho hee hay" staccato. Focus on how important this part of your body is in determining instant pitch placement, solid tone quality and rainbow phrasing (rise and fall of dynamics).

Vowel unification: The quickest way to unify choral tone is for all singers to shape vowels similarly. Choose a vowel sound. Sing it on a comfortable pitch. Now stagger your breathing and sustain that sound for as long as it takes (five minutes if necessary) for the teacher to look at each and every mouth shape in the choir. Use a hand-held mirror in class for even faster results.

Other syllables: Can you make up your own? Be creative!

Syncopation: Rhythms that lie **off** the beat are a primary feature of Latin-style music. Sing along with the CD. It's easy!